



Do



Have good lighting on your face.



Limit background noise by closing doors and windows.



Make sure your internet connection is stable.



Take a deep breath and try to relax.



Don't



Sit too close or too far from the camera.



Set up in a crowded or noisy environment.



Use a room that's dark or sit with a bright light behind you.



Worry about giving perfect answers.

Tips

Remember that we care most about what you say rather than how you say it. Focus on sharing relevant information.

If you run into audio issues, try switching to a headset with a microphone or your device's built-in microphone.